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The relationship between the assertiveness and fear of favorable and unfavorable evaluation in professional football players

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Abstract

This study aims to analyze the relationship between assertiveness and the fear of favorable and unfavorable evaluation in football players.

There have been three different scales used in this study. In order to examine on the assertiveness, the assertiveness scale which was improved by Voltan-Acar and Teaching in 2007, and in order to examine on the fear of favorable evaluation, the scale of fear of favorable evaluation improved by Weeks and Friends in 2008, and in order to examine on the fear of unfavorable evaluation, the scale of fear of unfavorable evaluation have been used.

Furthermore, while face-to-face questionnaire and the method of convenience sampling have been performed, 120 male football players in the 2nd and 3rd Leagues of the Turkish Professional Leagues have been interviewed and 117 questionnaires have been subjects to this analysis.

The reliability of the questions, which have been in accordance with the Likert scale, have been scaled with the reliability analysis of Cronbach Alpha. According to the analysis, the rate of total Cronbach Alpha has been found as 0.898 (assertiveness 0.831, favourable 0.795, unfavourable 0.843).

In the light of the data obtained by the football players playing in various clubs in the Turkish Football 2nd and 3rd Leagues, a correlation analysis has been performed and the results evaluated and it has been determined that there is a significant relationship between the fear of favorable and unfavorable evaluation and the shyness in the lowest limit of assertiveness. Moreover, the pearson correlation factor between the lowest limit of the shyness and the fear of favorable evaluation has been calculated as r= ,581; the factor between the fear of unfavorable evaluation has been calculated as r= ,523. If the pearson correlation factor lies in the 0,50-0,69 parameter, it can be commented that it is in a moderate relationship.